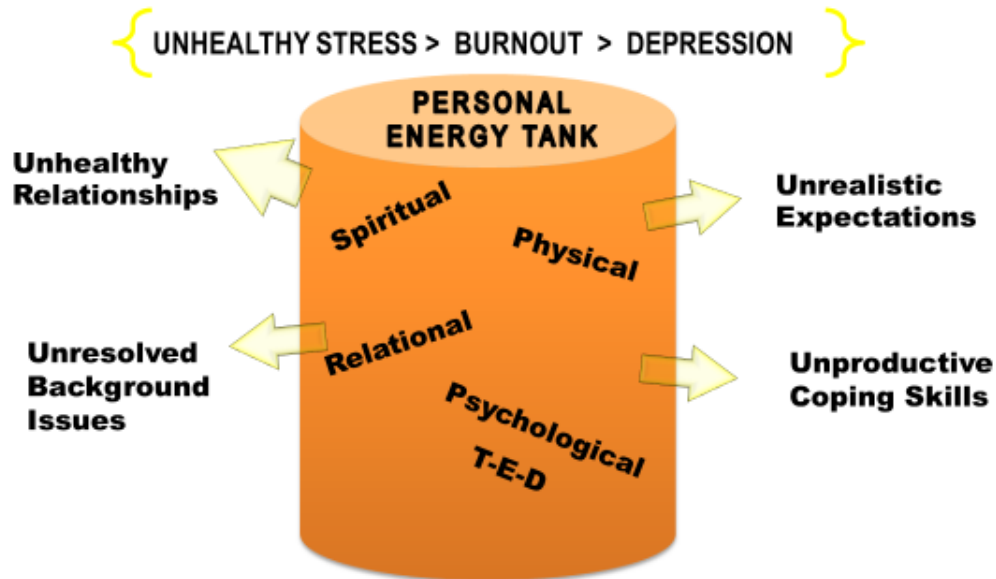


# ENERGY FOR LIFE AND MINISTRY

## EXPECTATIONS \_\_\_\_\_



---

# ENERGY FOR LIFE AND MINISTRY

## EXPECTATIONS FIXED! THE AGAPE LIFESTYLE/OBEDIENCE

BALANCED-HEALTHY-HOLISTIC-FINISH WELL



**Essentials for Finishing Well**  
**(Preventing Premature Attrition)**  
**Philippians 1-4**

**Introduction**

The concept and use (*Too Valuable to Lose*, Brent Lindquist, chapter 18)

About Philippians and Paul

Christ's provision identified in the text

Format and presentation

**Proposition:** *Healthy relationships, agape expectations, intimacy with Christ and agape life skills as modeled by Jesus Christ enhance life quality, ministry effectiveness and finishing well.* (Cf. Eph. 5:1-2)

**Chapter 1. Healthy relationships energize.** *Achieve healthy relationships by...*

- a. Intentional prayer v. 3-6
- b. Heart to heart connections v. 7-11
- c. Maintaining a Christ priority v. 12-19
  - i. Always v. 12-14
  - ii. Even in difficult relationships v. 27-30
- d. A will of God lifestyle v. 20-26
- e. Viewing suffering as privilege v. 27-30

**Chapter 2. Agapē expectations energize.** *Identify and obey agapē expectations by...*

- a. Following the Christ model v. 5-11
- b. Community oneness v. 1-3
- c. Radical cooperation with God v. 12-18
- d. Training spiritual sons and daughters (Timothy) v. 19-24
- e. Committed brothers and sisters (Epaphroditus) v. 26-30

**Chapter 3. Intimacy with Christ energizes.** *Experiencing and knowing Christ...*

- a. Defines life in Christ's terms v. 7-11
- b. Frees from traditional bondage v. 1-3
- c. Deals with the garbage of the past v. 4-6
- d. Uses present energy for eternal gain v. 12-16
- e. Develops a heavenly citizenship lifestyle v. 17-21

**Chapter 4. Agapē life-skills energize.** *Learning to use Christ's more than adequate life provisions will...*

- a. Resolve relational conflicts redemptively v. 1-3
- b. Live joyfully each day as if it was the last v. 4-5
- c. Discipline thought content and process v. 6-9
- d. Learn to live in contentment with Christ's strength v. 10-14
- e. Have a missionary focus with dependence on God v. 15-20

**Conclusion:** Are my relationships healthy?  
Are my expectations realistic?  
Are all of my past issues resolved?  
Are my life-skills productive?